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PRESS RELEASE

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Giving Back® Fall Prevention Project of Paia, Hawaii, Recognized for Successful Partnership

New York, NY (November 19, 2009) --- Thomas J. Moran, Chairman, President and Chief Executive Officer of Mutual of America Life Insurance Company, announced today that Giving Back® Fall Prevention Project, Paia, Hawaii, was named a Merit Finalist for the 2009 Mutual of America Community Partnership Award. The project, developed by Giving Back®, received the award for recruiting and training active seniors to mentor frail, at-risk elders in movement exercises that enhance balance, vision, coordination and cognitive functions.

Giving Back® Fall Prevention Project keeps active mentors healthy and engaged in their communities, and gives frail elders an effective way to prevent injuries due to falls, which are the leading cause of fatalities and injury-related hospitalizations among Hawaii residents age 65 and older. All the seniors involved benefit and have the opportunity to make new friends and have fun together.

“Our society worships youth and discards the elderly. I’d like to see that change,” says Karen Peterson, founder and executive director of Giving Back®. “This program is about honoring our elders, keeping them healthy and fit so they can *give back* their gifts to the community.”

Now in its fourteenth year, the Mutual of America Community Partnership Award has recognized 140 partnerships from cities and towns across America, expanding public awareness of their work and helping them attract additional partners and new sponsors.

Criteria for the Community Partnership Award

The criteria for the Community Partnership Award are the duration of the partnership (a minimum of one year), a demonstration that the partnership has made a difference, the ability of the partnership to be replicated and stimulate new ideas for partnerships to address social issues, and the partnership’s commitment to advancing the mission and principles of the organization.

The 2009 honorees in the Community Partnership Award national competition are:

National Award Winner – Barbara McInnis House: Medical Respite Care Program, Boston, Massachusetts

Honorable Mention – Family Connection, Dallas, Texas

Honorable Mention – Psychiatric Assertive Identification and Referral, Indianapolis, Indiana

Merit Finalist – BRC Transit Homeless Outreach, New York, New York

Merit Finalist – Family Safety and Empowerment Center, Raleigh, North Carolina

Merit Finalist – Florida Institute for the Advancement of Teaching, Boca Raton, Florida

Merit Finalist – Giving Back® Fall Prevention Project, Paia, Hawaii

Merit Finalist – Safe & Sound Milwaukee, Milwaukee, Wisconsin

Merit Finalist – Roberto Clemente Wildcats Student Health Center, Chicago, Illinois

Merit Finalist – Transitional Youth Academy, Escondido, California

About Mutual of America

Mutual of America was founded in 1945 to provide retirement products and insurance coverage to employees of nonprofit organizations. Today, Mutual of America continues to offer these and other financial products and services to both the nonprofit sector and the for-profit sectors. With headquarters in New York, a National Telecommunications and Training Center in Florida and 36 Regional Offices located throughout the United States, Mutual of America and its affiliated companies are well positioned to offer, through salaried representatives, products and services to help meet the pension, retirement and long-range savings needs of organizations and their employees, as well as those of individuals.

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